

JOIN US FOR THE **FIFTH ANNUAL**

# BAY AREA DIABETES SUMMIT

**MARCH 25, 2018 | 8:45 AM–4:00 PM**

**CHABOT COMMUNITY COLLEGE  
25555 HESPERIAN BLVD., HAYWARD, CA 94545**

Check in at the Reed L. Buffington Performing Arts Center (building 1300 on map). Parking: Parking is free on Sunday. Closest lots are lots G & E. **See map for more details and driving directions:** <http://www.chabotcollege.edu/about/CampusMap.asp>

*The Bay Area Diabetes Summit is a collaborative effort of medical providers, community organizations, and medical institutions from across the Bay Area. The Summit offers participants a day of learning and engagement with the T1D community. Speakers include medical professionals, researchers and patient advocates covering a wide array of topics related to type 1 diabetes management and research. The Summit is open to the entire community of type 1 diabetes patients, caregivers, family members, and healthcare providers.*

## MORNING SPEAKERS:

- **David Maahs, MD, PhD**, Associate Director of the Stanford Diabetes Research Center, Professor of Pediatrics and Division Chief of Pediatric Endocrinology at Stanford University at the Lucile Packard Children's Hospital and at the Stanford University Medical Center. **Automated Insulin Delivery Devices. Are We There Yet?**
- **Keynote speaker, Yiduo Wu**, Artificial Pancreas Team Lead Office of In Vitro Diagnostic Devices and Radiological Health Center for Devices and Radiological Health U.S. Food and Drug Administration. **Ask not what the FDA can do for you; ask what you can do for the FDA. How the T1D Community can support the FDA.**
- **Kerri Sparling**, blogger at **Six Until Me** and author of **Balancing Diabetes** in conversation with **Diana Naranjo, PhD**, Clinical Associate Professor, Pediatrics, Endocrinology and Diabetes.  
*Kerri is one of the first and most widely-read diabetes patient bloggers, with a global audience of patients and caregivers. Kerri aims to spread a message of hope versus fear through the power of social media, advocacy, and storytelling. Diana Naranjo is clinical psychologist who specializes in helping people living with chronic illness, and type 1 diabetes in particular, developing coping skills and resilience to enjoy strong and healthy lives. Kerri's participation is part of Tandem Diabetes Care's Live Life in Full Color speaker series.*
- Vendor Fair with over 40 diabetes companies and community partners.

## NON PROFIT PARTNERS: BEYOND TYPE 1



## KIDS CAMP:

Children with and without type 1 diabetes can enroll in the Kids Camp offered by DYF. Counselors and staff will provide a variety of programs suitable for all ages. Diabetes care is provided by trained counselors, many of whom have T1D themselves, and medical staff on site in consultation with the parents.

## MEDICAL PARTNERS:

Lucile Packard Children's Hospital  
Pediatric Diabetes Center  
at Stanford University

Madison Clinic for Pediatric Diabetes  
at University of California San Francisco

Mills-Peninsula Health Services  
Diabetes Research Institute

Stanford Endocrinology Clinic

UCSF Benioff Children's Hospital,  
Oakland and San Francisco

University of California San Francisco  
Diabetes Center

Stanford Diabetes Research Center

FOR MORE INFORMATION AND TO REGISTER GO TO [HTTPS://CARBDM.ORG/EVENTS/BAY-AREA-DIABETES-SUMMIT/](https://carbDM.org/events/bay-area-diabetes-summit/)

# AFTERNOON BREAKOUT SESSIONS

BREAKOUT SESSIONS I: 1:30-2:30pm

## **CONTINUOUS GLUCOSE MONITORING: WHY IS IT NOT UNIVERSAL?**

*Brandon Arbitter, VP, Product and Business Development, Tidepool*

## **BENDING THE RULES: PRESERVING YOUR RELATIONSHIP WITH YOUR CHILD WITH TYPE 1 DIABETES BY STAYING FLEXIBLE WITH MANAGEMENT**

*JoAnne Robb, LMFT, Mother of three, two with type 1 diabetes*

## **HOW TIGHT IS TOO TIGHT: THE RISKS AND BENEFITS OF TIGHT GLUCOSE CONTROL; IS TIGHTER ALWAYS BETTER?**

*Marina Basina, MD, Clinical Associate Professor, Stanford University Medical Center, Division of Endocrinology, Gerontology and Metabolism*

## **WHAT TO DO WHEN YOUR PARTNER HAS DIABETES? (Partners and Significant Others Only)**

*Lorraine Stiehl, Diabetes Advocate, Author, Partner of PWD since 1985*

## **GET OUT THERE - EXERCISE FOR EVERY TYPE (Adults with T1D Only)**

*From casual hikers to ultramarathoners, these type 1 athletes will share real-life tips + tricks and inspire you to get out there and get active. Moderated by a medical professional. **In Partnership with Beyond Type 1.***

BREAKOUT SESSIONS II: 2:45-3:45pm

## **THERE'S AN APP FOR THAT: MAKING SENSE OF DIABETES APPS AND FINDING THE RIGHT APP FOR YOU.**

*Kyle J. Rose, Business Development Director, USA, MySugr*

## **NUTRITIONAL STRATEGIES FOR HEALTHY EATING AND GLUCOSE MANAGEMENT**

*Michelle Roy, RD, CDE, Registered Dietitian and Certified Diabetes Educator, Department of Endocrinology, UCSF Benioff Children's Hospital, Oakland*

## **ARE WE THERE YET? AGE APPROPRIATE EXPECTATIONS FOR DIABETES MANAGEMENT FROM PRE-TEENS TO EARLY ADULTHOOD**

*Molly L. Tanenbaum, PhD, Instructor, Department of Pediatrics, Stanford University School of Medicine*

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## **TESTS! TESTS! TESTS! THE ANNUAL SCREENING TESTS AND WHAT THEY MEANS FOR YOU**

*Dr. Saleh Adi, MD, Clinical Professor of Pediatrics, Director, The Madison Clinic for Pediatric Diabetes, UCSF and Elaine Ku, MD, MAS, Assistant Professor, Departments of Medicine and Pediatrics, Divisions of Nephrology and Pediatric Nephrology, UCSF*

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