We have compiled a list of programs to help with co-pays.

**Apidra:** A fast acting insulin made by Sanofi. You can get a vial each month for absolutely FREE with the Apidra no co-pay card. All you need is a prescription. Your insurance will never need to know about it. It's a great way to build up some extra stock piles or to try out another insulin. Talk to your provider of how Apidra compares to Humalog and Novolog and if it's right for your child.


**Novolog & Levemir:** Fast acting and long acting insulins from Novo Nordisk. You can sign up and get a discount on your co-pays. I had a hard time submitting the online form. Calling them was a lot easier. They can give you the discount code over the phone or they will mail the card out to you.


**Bayer Contour Strips:** Bayer has a program called Contour Choice that reduced your co-pay on their strips. My co-pay has actually gone down from when I was purchasing one touch strips. Nothing ever goes down in diabetes!


**One Touch:** They have an offers page on their website. In the past they would send you a new meter if you said you used a different meter. More recently they would send you a coupon to purchase a meter at no cost with a prescription from your doctor. I don't know if they offer any assistance with strip co-pays:

[http://www.onetouch.com/offers](http://www.onetouch.com/offers)

**Freestyle Promise Program:** I don't know much about Freestyle or if these strips work with the OmniPod. Check before you order.